

My Vision – Steps Towards My Big Dream

Excellence is most often achieved by clarifying the big picture then chunking it down to smaller steps. Step into a clear big dream vision then Work your way down to the small daily habits, keeping in mind your desired outcome.

Your big dream is about your life purpose and joy. Be a kid again without limits. Don't move on to the next level until you are positive about what you really want to have, do, and be. Use key words that create a rich picture for you and are easy to remember. Each level supports the one above it and takes you to the next level. Progress down to the daily habits that support you in reaching each level. Keep it simple! Simple language is easy to remember and hold in your mind. You can also write out more details on a separate piece of paper first then put the main points on this sheet for quick reference. **Keep this sheet out where you'll look at it every day!**

Here's one example: Big Dream: Millionaire author with a house on the beach. One year: Publish my first book. Daily Habit: write 1 page every day.

Big Dream – What do you see? Who will you be?

Weekly Habits:

Three Year Intent – Where you want to be to have your dream?

One Year Intent:

Daily Habits:

90 Day Intent:

30 Day Intent:
